## **Anticipatory Guidance for Early Childhood Care Providers**

Child's Name	Date of Birth			
BIRTH – 6 MONTHS	<ul> <li>□ Review nutrition and eating habits</li> <li>□ No napping or sleeping with the bottle</li> <li>□ Encourage introduction of "sippy" cup</li> <li>□ Begin tooth brushing with no toothpaste as soon as first baby tooth erupts</li> <li>□ Juice in "sippy" cup only</li> </ul>			
9 MONTHS	<ul> <li>□ No juice in bottle</li> <li>□ Reinforce brushing</li> <li>□ No bottle in bed</li> </ul>			
12 MONTHS	<ul> <li>□ Check teeth and mouth</li> <li>□ Help identify a "dental home"</li> <li>□ Reinforce brushing</li> <li>□ Discuss mouth and tooth injury prevention</li> <li>□ Have dentists' emergency numbers handy</li> </ul>			
15 MONTHS	☐ Reinforce brushing			
18 MONTHS	☐ Check teeth and mouth☐ Reinforce brushing			
24 MONTHS	<ul> <li>□ Refer all children to dentist</li> <li>□ Reinforce brushing, begin using pea-size drop of fluoride toothpaste</li> <li>□ Reinforce injury prevention and response</li> </ul>			
36 MONTHS AND OLDER	<ul> <li>□ Reinforce brushing with fluoride toothpaste</li> <li>□ Reinforce injury prevention and response</li> </ul>			

Oral Observations						
	#1		#2	#3		
No visible problems	Possible Problems	Urgent			Comments	
		No visible Possible	#1 No visible   Possible   Urgent	#1 #2  No visible   Possible   Urgent	#1 #2 #3  No visible   Possible   Urgent	